

School Health Advisory Committee
January 23, 2006
Minutes

Those present:

Carol Lysher

Mona Osborn

Carol Dexter

Ann cowper

Chap Slye

Mary Anne Spinella

Suicide prevention

Showcase of best practices to help students
-prevention program established in the division
-screening, teen-screen (Columbia University)

School Vending Survey and Committee Observation

80% of highs schools surveyed on school nutrition and school-owned machines
Snacks: 300 calorie maximum
Vending companies are trying to find new products to stock machines in lieu of sodas

Drinks: reduction in consumption of sodas
Members of the committee visited several high schools and observed the following:
NSHS has the most machines
Only one coke machine on at schools
Observed schools selling around the clock-shouldn't be selling during breakfast or lunch
Observed different times to turn machines on
MVHS was the most compliant

Family Life Curriculum Revision

Elementary to start in mid-February/secondary is now in the process
Need members of the SHAB to assist with review committee

Safe and Drug-free Schools, activities funded by:

Professional development for students and counselors (Mediation Training)
\$\$ for Carol Dexter's salary
PRIDE survey
Ideas for next year's funding

Parent Observations at Homecoming Dances

Sexualized dancing
Upsets students
Consider a video of what is allowable
Keep lights on during the dances
Doesn't match our standards for this country
Parents should be notified